

„Ewige“ Bestenliste – M13

75m

9,91	Küppers, Max	2012
10,29	Schidlowski, Nils	2013
10,50	Möller, Sven	2013
10,51	Quach, Kaiseng	2012
10,58	Kern, Clemens	2016
10,59	Siedler, Tom	2014
10,65	Nellessen, Lars	2013
10,72	Leister, Wilson	2010
10,86	Schwartz, Dennis	2007
10,86	Veselovac, Lukas	2014

800m

2:28,29	Siedler, Tom	2014
2:34,13	Pütz, Kristof	2015
2:36,47	Quach, Kaiseng	2012
2:37,92	Möller, Sven	2013
2:39,88	Veselovac, Lukas	2014
2:41,10	Kern, Clemens	2016
2:41,30	Nellessen, Lars	2013
2:42,30	Baum, Jakob	2016
2:46,51	Müller, Florian	2015
2:48,82	Popien, Benjamin	2012

1000m

3:16,05	Bentz, Lukas	2010
3:17,51	Leister, Wilson	2010
3:29,39	Behrens, Mika	2012
3:39,31	Smaglinski, Jonas	2012
4:24,33	Pitz, Marco	2011

2000m

7:25,50	Bentz, Lukas	2010
7:51,50	Schidlowski, Nils	2013
7:52,04	Möller, Sven	2013
8:15,84	Nellessen, Lars	2013
8:27,82	Quach, Kaiseng	2012
8:54,65	Foerst, Carlo	2010
8:59,39	Smaglinski, Jonas	2012

60m Hürden

9,77	Pütz, Kristof	2015
10,06	Küppers, Max	2012
10,30	Schidlowski, Nils	2013

10,43	Siedler, Tom	2014
10,54	Möller, Sven	2013
10,59	Kern, Clemens	2016
11,15	Eymael, Tom	2014
11,56	Müller, Florian	2015
11,60	Gösgens, Philip	2016
11,66	Quach, Kaiseng	2012

Hochsprung

1,50	Siedler, Tom	2014
1,47	Küppers, Max	2012
1,46	Pütz, Kristof	2015
1,45	Smaglinski, Jonas	2012
1,43	Nellessen, Lars	2013
1,43	Laufs, Dominik	2010
1,37	Schidlowski, Nils	2013
1,36	Eymael, Tom	2014
1,32	Matthies, Keanu	2013
1,32	Karges, Paul	2015

Weitsprung

4,86	Kern, Clemens	2016
4,82	Pütz, Kristof	2015
4,74	Schidlowski, Nils	2013
4,70	Küppers, Max	2012
4,69	Bentz, Lukas	2010
4,58	Veselovac, Lukas	2014
4,50	Siedler, Tom	2014
4,45	Smaglinski, Jonas	2012
4,43	Möller, Sven	2013
4,40	Eymael, Tom	2014

Kugelstoßen (3 kg)

12,22	Küppers, Max	2012
11,36	Kern, Clemens	2016
10,36	Nellessen, Lars	2013
10,18	Pütz, Kristof	2015
9,28	Karges, Paul	2015
9,16	Quach, Kaiseng	2012
8,90	Möller, Sven	2013
8,73	Schidlowski, Nils	2013
8,66	Smaglinski, Jonas	2012
8,48	Keller, Felix	2011

Diskuswerfen (750 g)

40,04	Kern, Clemens	2016
35,37	Pütz, Kristof	2015
33,39	Nellessen, Lars	2013

22,97	Keller, Felix	2011
22,48	Möller, Sven	2013
19,67	Smaglinski, Jonas	2012
19,33	Skouras, Nikos	2012
19,17	Peeters, Ole	2016

Speerwerfen (400 g)

37,27	Nellessen, Lars	2013
34,85	Pütz, Kristof	2015
34,23	Kern, Clemens	2016
33,90	Veselovac, Lukas	2014
31,73	Möller, Sven	2013
29,44	Matthies, Keanu	2013
25,27	Baum, Jakob	2016
25,07	Smaglinski, Jonas	2012
24,75	Peeters, Ole	2016
23,85	Keller, Felix	2011

Ballwerfen (200 g)

53,0	Kern, Clemens	2016
51,0	Möller, Sven	2013
46,0	Nellessen, Lars	2013
46,0	Pütz, Kristof	2015
44,0	Peeters, Ole	2016
43,0	Schidlowski, Nils	2013
42,5	Bentz, Lukas	2010
42,5	Laufs, Dominik	2010
41,0	Karges, Paul	2015
40,0	Veselovac, Lukas	2014

Dreikampf (75 - Weit - Ball)

1322 P. 10,66 - 4,57 - 53,00	Kern, Clemens	2016
1250 P. 11,04 - 4,81 - 42,50	Pütz, Kristof	2015
1247 P. 10,74 - 4,32 - 46,0	Möller, Sven	2013
1238 P. 10,38 - 4,60 - 34,0	Schidlowski, Nils	2013
1222 P. 11,03 - 4,69 - 40,0	Bentz, Lukas	2010
1215 P. 10,64 - 4,51 - 36,0	Küppers, Max	2012

1211 P. 10,77 – 4,18 – 43,0	Nellessen, Lars	2013
1140 P. 11,61 – 4,45 – 39,0	Smaglinski, Jonas	2012
1059 P. 11,48 – 4,35 – 27,5	Gaisbauer, Lennart	2012
1031 P. 11,0 – 3,99 – 26,5	Pitz, Marco	2011

Vierkampf (75 – Weit – Ball - Hoch)

1698 P. 11,04 - 4,81 - 1,44 - 42,50	Pütz, Kristof	2015
1674 P. 10,64 – 4,51 – 36,0 – ?	Küppers, Max	2012
1633 P. 10,38 – 4,60 – 34,0 – 1,34	Schidlowski, Nils	2013
1620 P. 10,74 – 4,32 – 46,0 – 1,30	Möller, Sven	2013
1595 P. 11,03 – 4,69 – 40,0 – 1,30	Bentz, Lukas	2010
1584 P. 10,77 – 4,18 – 43,0 – 1,30	Nellessen, Lars	2013
1513 4,45 – 39,0 – 11,61 – 4,45	Smaglinski, Jonas	2012
1410 P. 12,19 – 4,04 – 1,34 – 34,0	Laufs, Dominik	2010
1381 P. 11,35 – 4,06 – 1,26 – 26,5	Foerst, Carlo	2010
1377 P. 11,86 – 4,31 – 28,0 – 1,26	Behrens, Tim	2014

Block Basis

2176 P. 10,61 – 43,0 – 10,47 – 4,74 – 7:51,50	Schidlowski, Nils	2013
2166 P. 10,56 – 51,0 – 10,75 – 4,43 – 7:52,04	Möller, Sven	2013

1933 P. Nellessen, Lars 2013
11,98 – 46,0 – 10,89 – 4,10 – 8:15,84

1874 P. Quach, Kaiseng 2012
10,75 – 11,66 – 4,30 – 30,0 – 8:27,82

1746 P. Smaglinski, Jonas 2012
11,36 – 12,45 – 4,34 – 33,0 – 8:59,39

Block Sprint (75-60H-Weit-Hoch-Speer)

2047 P. Eymael, Tom 2014
10,88 – 11,15 – 4,40 – 1,36 – 18,17

1808 P. Gösgens, Philip 2016
11,22 - 11,60 - 4,35 - 1,14 – 14,53

17081 P. Kern, Clemens 2016
10,84 - 11,27 - 4,78 - ogV. - 28,87

17061 P. Hölschenbach, Jakob 2016
11,59 - 13,25 - 4,14 - 1,18 - 23,82

Block Lauf (75-60H-Weit-Hoch-Speer)

1988 P. Veselovac, Lukas 2014
10,86/11,67/4,52/36,5/2:39,88

1864 P. Lester, Wilson 2010
11,01/12,08/3,87/26,0/3:17,51

1602 P. Müller, Florian 2015
12,38 - 13,21 - 4,10 - 33,00 - 2:58,55

1390 P. Pitz, Marco 2011
12,30/13,41(0,8)/3,65/21,5/4:24,33

Block Wurf

2315 P. Kern, Clemens 2016
10,73 - 11,31 - 4,86 - 9,76 - 32,42

1732 P. Keller, Felix 2011
12,35/13,56(+2,3)/3,86/08,29/22,97

