

„Ewige“ Bestenliste – M12 (seit dem Jahr 2000)

75m

10,10	Küppers, Max	2011
10,36	Leister, Wilson	2009
10,37	Bentz, Lukas	2009
10,62	Schidlowski, Nils	2012
10,73	Reul, Sören	2016
11,03	Eymael, Tom	2013
11,09	Veselovac, Lukas	2013
11,11	Keller, Moritz	2013
11,15	Siedler, Tom	2013
11,17	Sacher, Levi	2016

800m

2:34,50	Veselovac, Lukas	2013
2:35,48	Sonnenschein, Ben	2016
2:36,74	Baum, Jakob	2015
2:14,17	Dellen, Matthias	2021
2:40,30	Möller, Sven	2012
2:42,55	Kern, Clemens	2015
2:42,55	Reul, Sören	2016
2:45,28	Siedler, Tom	2013
2:51,28	Eymael, Tom	2013
2:55,51	Strack, Finn	2019

1000m

3:14,10	Leister, Wilson	2009
3:31,41	Bentz, Lukas	2009
3:31,6	Dagou, Zion	2011
3:32,1	Quach, Kaiseng	2011
3:36,6	Smaglinski, Jonas	2011
3:43,34	Foerst, Carlo	2009
3:47,92	Jäger, Jan	2008
3:49,11	Heitmann, Max	2011

2000m

7:20,84	Leister, Wilson	2009
7:47,12	Bentz, Lukas	2009
8:08,42	Möller, Sven	2012
8:18,91	Siedler, Tom	2013
8:31,83	Foerst, Carlo	2009
8:56,01	Kern, Clemens	2015
9:24,89	Eymael, Tom	2013

60m Hürden

10,70	Schidlowski, Nils	2012
10,70	Reul, Sören	2016
10,8	Küppers, Max	2011
11,32	Siedler, Tom	2013
11,46	Matthies, Keanu	2012
11,67	Sonnenschein, Ben	2016
11,68	Sacher, Levi	2016
11,81	Möller, Sven	2012
12,16	Kern, Clemens	2015
12,24	Eymael, Tom	2013

Hochsprung

1,42	Eymael, Tom	2013
1,42	Küppers, Max	2011
1,42	Sonnenschein, Ben	2016
1,40	Schidlowski, Nils	2012
1,38	Siedler, Tom	2013
1,32	Smaglinski, Jonas	2011
1,32	Reul, Sören	2016
1,30	Wilhelms, Paul	2016
1,25	Leister, Wilson	2009
1,25	Möller, Sven	2012
1,25	Matthies, Keanu	2012
1,25	Behrens, Tim	2013
1,25	Keller, Moritz	2013

Weitsprung (Zone)

4,76	Reul, Sören	2016
4,68	Schidlowski, Nils	2012
4,64	Eymael, Tom	2013
4,57	Bormann, Jacob	2021
4,52	Leisten, Tom	2011
4,49	Dellen, Matthias	2021
4,44	Gösgens, Philipp	2015
4,42	Behrens, Tim	2013
4,40	Küppers, Max	2011
4,38	Veselovac, Tom	2013

Kugelstoßen (3 kg)

8,76	Sonnenschein, Ben	2016
8,23	Kern, Clemens	2015
8,17	Keller, Felix	2010
8,16	Küppers, Max	2011
7,98	Matthies, Keanu	2012
7,13	Veselovac, Tom	2013
7,03	Schidlowski, Nils	2012

7,00	Peeters, Ole	2015
6,86	Möller, Sven	2012
6,51	Siedler, Tom	2013

Diskuswerfen (750 g)

29,67	Kern, Clemens	2015
28,86	Nellessen, Lars	2012
23,80	Matthies, Keanu	2012
21,25	Küppers, Max	2011
18,95	Keller, Felix	2010
17,95	Schidlowski, Nils	2012
17,22	Möller, Sven	2012
16,88	Quach, Kaiseng	2011
15,46	Peeters, Ole	2015
15,21	Sonnenschein, Ben	2016

Speerwerfen (400 g)

32,76	Veselovac, Tom	2013
32,01	Möller, Sven	2012
31,58	Kern, Clemens	2015
29,70	Sacher, Levi	2016
28,82	Dellen, Matthias	2021
27,91	Matthies, Keanu	2012
24,53	Reul, Sören	2016
23,31	Sonnenschein, Ben	2016
23,24	Schidlowski, Nils	2012
23,02	Holschbach, Jacob	2015

Ballwerfen (200 g)

48,0	Möller, Sven	2012
45,5	Matthies, Keanu	2012
42,5	Sacher, Levi	2016
41,5	Kern, Clemens	2015
41,0	Reul, Sören	2016
40,0	Sonnenschein, Ben	2016
39,0	Nellessen, Lars	2012
39,0	Veselovac, Tom	2013
39,0	Peeters, Ole	2015
37,0	Schidlowski, Nils	2012

Dreikampf (75-Weit-Ball)

1223 P. 10,62 – 4,50 – 37,0	Schidlowski, Nils	2012
1215 P. 10,82 - 4,37 - 41,00	Reul, Sören	2016

1214 P. 10,1 – 4,32 – 34,5	Küppers, Max		2011
1153 P. 11,38 – 4,36 – 39,5	Matthies, Keanu		2012
1151 P. 11,09 – 4,64 – 31	Eymael, Tom		2013
1145 P. 11,23 – 4,38 – 36	Veselovac, Tom		2013
1142 P. 11,10-4,31-35,0	Lasse, Laude Yan	^	2018
1108 P. 11,37 – 4,23 – 35,0	Bentz, Lukas		2009
1084 P. 11,64 - 3,39 - 40,00	Sonnenschein, Ben		2016
1080 P. 11,46 – 4,04 – 35,0	Siedler, Tom		2013

Vierkampf (75-Weit-Hoch-Ball)

1652 P. 10,1 – 4,32 – 1,42 – 34,5	Küppers, Max		2011
1640 P. 10,62 – 4,50 – 37,0 – 10,62	Schidlowski, Nils		2012
1589 P. 11,09 – 4,64 – 31 – 1,42	Eymael, Tom		2013
1497 P. 11,46 – 4,04 – 35 – 1,34	Siedler, Tom		2013
1497 P. 11,64 - 3,93 - 1,34 - 40,00	Sonnenschein, Ben		2016
1482 P. 4,36 – 11,38 – 4,36 – 1,22	Matthies, Keanu		2012
1451 P. 11,23 – 4,38 – 36 – 1,18	Veselovac, Tom		2013
1401 P. 11,10-4,31-1,10-35,0	Laude, Lasse Yan		2018
1382 P.	Smaglinski, Jonas		2011

11,7 – 4,12 – 1,22 – 35,5

1359 P. Heitmann, Max 2011
11,69 – 3,96 – 1,20 – 33,5

Block Basis

1821 P. Schidlowski, Nils 2012
10,99/11,19/4,37/31,0/09:41,07

1814 P. Siedler, Tom 2013
12,21 – 33 – 11,15 – 4,18 – 8:18,91

1730 P. Möller, Sven 2012
11,78 – 12,23 – 3,63 – 36,0 - 08:08,42

1726 P. Matthies, Keanu 2012
11,24 – 11,80 – 4,09 – 41,5 - 10:52,96

1698 P. Eymael, Tom 2013
12,24 – 31,5 – 11,33 – 4,10 – 9:24,89

Block Sprint (75-60H-Weit-Hoch-Speer)

1994 P. Reul, Sören 2016
11,17 - 11,57 - 4,76 - 1,26 – 20,54

1788 P. Wilhelms, Paul 2016
11,55 - 12,59 - 4,28 - 1,30 - 14,45

1597 P. Gösgens, Philipp 2015
11,70 - 13,47 - 4,44 - 1,06 - 14,43

1508 P. Smaglinski, Jonas 2011
12,65/13,31/3,90/1,22/27,5

1439 P. Kliesch, Jacob 2015
12,89 - 13,75 - 3,75 - 1,10 - 14,38

Blockwettkampf Lauf (75-60H-Weit-Ball-800)

1675 P. Kern, Clemens 2015
11,73 - 13,41 - 3,78 - 35,00 - 2:44,78

1547 P. Heitmann, Max 2011
11,94/13,59(0,8)/3,83/30,5/4:05,99

1369 P. Gaisbauer, Lennart 2011
12,95/13,43(0,8)/3,69/25,5/4:29,20

Blockwettkampf Wurf

1959 P. Küppers, Max 2011
10,87/11,41(+2,3)/4,40/08,01/16,40

1863 P. Sonnenschein, Ben 2016
11,55 - 11,67 - 4,14 - 8,76 - 15,21